

2 April 2018



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LEONG HWA MONASTERY

Dharma Talks

As mentioned in my recent New Year message, we will continue to reiterate our determination to lead noble lives, to develop our minds, to practice loving kindness and to bring peace and harmony to humanity. This is our journey at Leong Hwa Monastery and we are pleased that we have invited Venerable Ming Xue to conduct eight weekly talks on “The Discourse on the Eight Realisations of the Great Beings”. The talks will be held at 7.30 pm on every Friday at our Monastery, starting from Friday, 6 April and ending on 25 May 2018.

The Eight Realisations:

1. The world is impermanent;
2. More desire brings more suffering;
3. Knowing how to feel satisfied with few possessions;
4. Indolence is an obstacle to practice;
5. Ignorance is the cause of endless rounds of birth and death;
6. Poverty creates hatred and anger; equality when practising generosity;
7. The five categories of sensual desire – money, sex, fame, overeating and oversleeping – lead to problems; and
8. Dedication to all sentient beings

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